



WHAT TO EXPECT FROM A PROGRAMME



Programmes run for 3 months initially but some dogs require 6 months or longer.

The aims of a programme are

- to reduce stress and triggers
- to rebalance daily life for your dog
- to train you in the skills you need to help your dog
- to teach your dog new skills
- to re-programme brain and nervous system responses

Behaviour change does not happen overnight.

Think of a human with depression or anxiety. The underlying problem only improves when lifestyle changes, coping mechanisms and therapy are all integrated and start to become habits.

Behaviour will need to be monitored and I may give you a diary to complete so we can determine what is working and what is not working.

Diaries are sent to me weekly and you will be expected to be proactive about this.

During a programme you will have:-

Fortnightly practical training sessions

These will be in an appropriate location.

Some sessions take place at our secure field.

Phone call in between sessions

The purpose of this call is to see what is working and what we may need to do differently.

It helps us plan for the following week, taking into account any events or changes you may have coming up.

We will review diaries and I will be continuing to help you understand what is happening with your dog.

Whatsapp

The more I know, the more I can help.

I encourage all clients to show me their training via videos on whatsapp.

I can look at the videos and coach you on things like timing, rewards, body language and environment to set you and your dog up for success.

I encourage this every couple of days and you are responsible for updating me

Vet liaison

There may be occasions where I need to work with your vet to look at diagnostics or ask for further investigations into your dogs behaviour.

Studies have shown that over 80% of dogs who present with aggression to people have pain when this fully investigated.

I must treat your dog as a whole with wellbeing at the forefront of everything I do.

Detailed training plan

After each practical session and catch up call, I will send you a detailed plan for training.

This will include written information but also video tutorials from our extensive video library

Programmes are intensive and will require committment in changing your dogs behaviour.

Payment options are available.

Programmes start at £275 per month.